

Term 1 - Week 9 - 2025

Newsletter



IMPORTANT DATES

April

Rotary Art Visit
Thursday - 3rd

Cross Country
Tuesday - 8th

Last Day of Term 1
Friday - 11th

Start of Term 2
Wednesday - 30th

May

Athletics Carnival
Friday - 16th

Principal's Report

Resilience is Key

As we have moved into, then away from the three quarter mark of the term I am reminded of how much resilience and grit is needed for students to positively interact with each other. Sometimes, it's tough a gig being a kid but they aren't alone. They have a wonderful network of loving families and dedicated school staff to support them through challenges.

When our bodies and minds become fatigued, often our resilience goes down. This triggers a range of issues, from a reduced focus in the classroom to friendship fires in the playground. Our students, like all other kids, struggle at times when resilience is low but it is in these times they learn, with guidance and care, how to cope with difficult situations.

Recently, I listened to a psychologist speaking about anxiety and he said that 1 in 3 teenagers experience anxiety at some stage. Unsurprisingly, he stated that it is the significant adults in a child's life that play the most important role in shaping kids. That's us! Families and Staff. He detailed his ideas of why this happens and what he thought was the key to improving these statistics - it is **resilience building**.

We all need to be acutely aware of how we deal with negative incidents. At school, we are learning about the different emotions and learning to acknowledge them. We are building strategies for dealing with ours and others' emotions and actions. We embrace mistakes and support all students to learn from them, no matter how big or small. We are helping students build a bank of strategies to help them cope with 'Normal Life Challenges'. This will enable them to deal with future difficult situations because we all go through them from time to time.

I have added some book titles in the community news for your info. - Tim

Above & Beyond Award



Week 8

Hunter Sly

For outstanding effort in class and being responsible in the playground.

Week 2

Lindon Caddy

For excellent leadership and maturity at school.



Special Announcements

We want to say a big congratulations to our amazing students who took part in the PSSA Swimming Carnival! The relay team showed great effort and teamwork and even shaved 10 seconds off their time. Lacey participated in several individual events but unfortunately missed out on qualifying for her second State Championships. We are very proud of what they all accomplished. Great Job!



Above & Beyond Shout Out



Thank you to the Uralla Bingo Club for their donation of \$650. We truly appreciate it.

School News

P&C WORKING Bee

Thank you to the wonderful volunteers who helped make the working bee a success. They sprayed blackberries in the ag plot and moved and renovated a cubby house. Our school is blessed to have such a dedicated and capable group of families that are willing to spend their time improving our school.

A special thanks to Erica Hine who donated the cubby, Liz & Adam Bashford and Helen Hine for supplying food and beverages for the workers.



Sheep Donation

Our school has had another wether donation which brings our mob up to 6 sheep. Alice Swilks (one of the Agriculture Leaders) was on hand to receive the wether on behalf of Archie Taylor and the rest of the school. Archie and Alice have some great ideas for using our sheep to teach other students about the importance of animal care. They would also like to hold a shearing demonstration for all the kids to watch.



Kids Speak



To respect all different people in our country.
- Sully

PEACE AND COMING TOGETHER AND BEING KIND - AGGIE

We come together and be kind and respect the land
- Edie

What does Harmony Day mean to you?

School News

Shaun Gorrey

Shaun has been training with the Martins Gully Public School's cricket team. This experience has not only helped Shaun develop his cricket skills but also allowed him to practice his interaction skills with new people.

Shaun will be playing against Ben Venue PS on Monday. We can't wait to hear how you go mate.



Bingo

Last weekend some of our families attended the Uralla Bing Club's Bingo Day. We had a great time, even if it was a little stressful trying to keep up with dobbling!

The proceeds from the event were given to the school. The club generously donated \$650 for our school to use to support students. We will be putting this money towards subsidising the school excursions.



Kids Speak



It means keep trying.
It's about your body
and mind. - Lindon

IT'S STARTING AGAIN AND
BUILD YOUR STRENGTH
AFTER YOU FEEL LOW -
LACEY

It's strength for
change - Audrey

What does resilience mean?

Harmony Day

**WHOLE SCHOOL
EVENT**

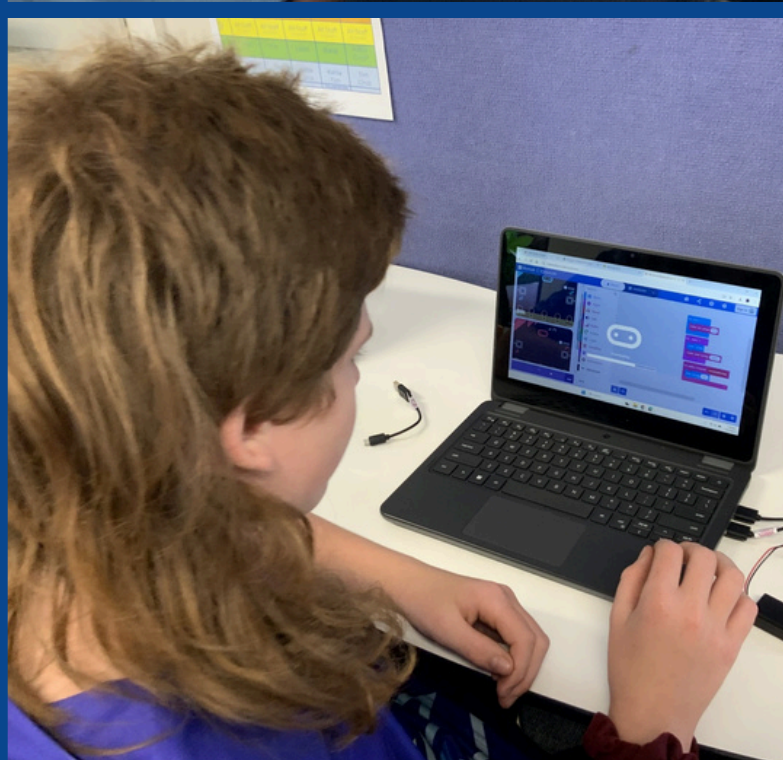
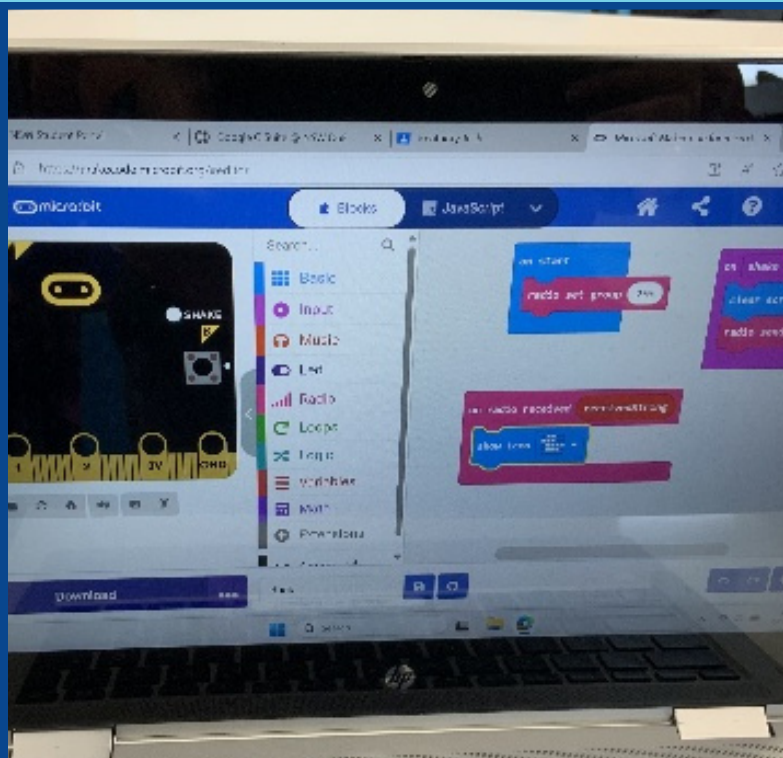
Harmony Day is a celebration that promotes inclusiveness and respect for cultural diversity. It coincides with the United Nations International Day for the Elimination of Racial Discrimination. At school, we created a display and spoke about the importance of acceptance and tolerance of others. WE ALL BELONG!



Tech Groups

We have been using borrowed kits to explore different technologies. Home 1 have been learning about coding. They built a Lego hopper and then coded it to move. They were very keen to have a race! They have also been coding a Microbit to create a light up dice.

Home 2 have been investigating film making. They used green screen techniques, as well as shooting videos with stands to make the filming more stable. Some of the seniors had the opportunity to investigate Microbits and created a transporting Duck. They coded the image of a duck and then used radiowaves to transport it to another device.



Science

Students have been learning about investigations, experiments and asking scientific questions.

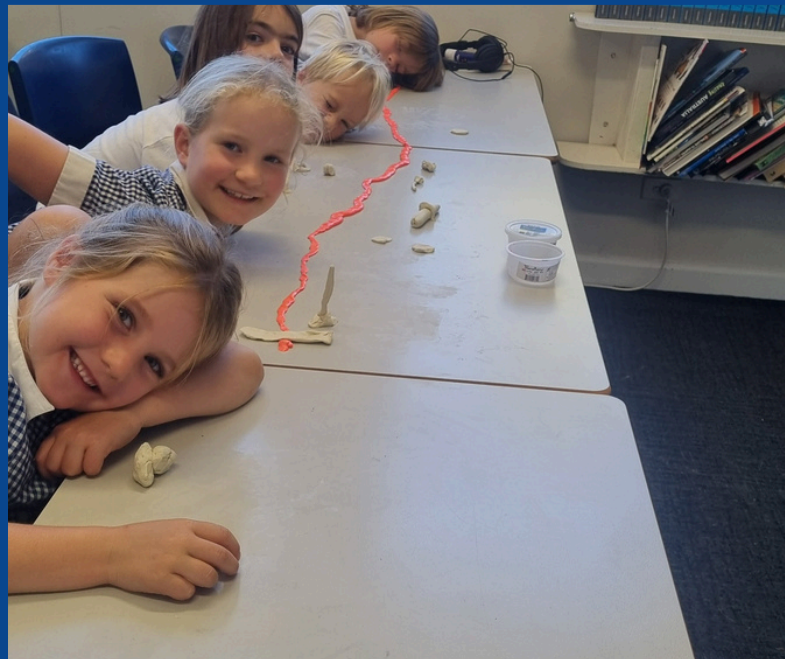
Home 1 are learning about reactions and materials. They have investigated how some household substances react when they are mixed. They also explored what everyday items are made from and learnt about which can be recycled.

They created a set of binoculars and went on a bird watching expedition.

Home 2 are exploring how things are made. We have been looking at Dr Karl Kruszelnicki's ABC series "How Things Work". We have learnt how chocolate is made and that the colour of red snakes is made from crushed cochineal beetles!



School Fun



Community News



HOLIDAY RUGBY CLINICS ARMIDALE

NEW ENGLAND



DATE: 14TH APRIL 2025

**LOCATION: NEW ENGLAND GIRLS SCHOOL
(NEGS BACK FIELD)**

TIME: 930AM - 1230PM

For More Information Please Contact: steph.lennon@nsw.rugby



Have your say on the future of housing in Uralla Shire

Uralla Shire Council has released the Draft Housing Strategy, outlining how we can meet the changing housing needs of our community over the next 20 years.

We want to hear from you!

Join us at one of our community briefing sessions to learn more, ask questions, and share your views.

COMMUNITY BRIEFING SESSION

Thursday 3 April – 6:00pm

Uralla Courthouse

More sessions to be announced—check the Council website or social media for updates.

Take the survey online

<https://tinyurl.com/yck7r4dv>

or Scan the QR code to have your say!

Draft strategy is on exhibition until: **28 April, 2025**

